

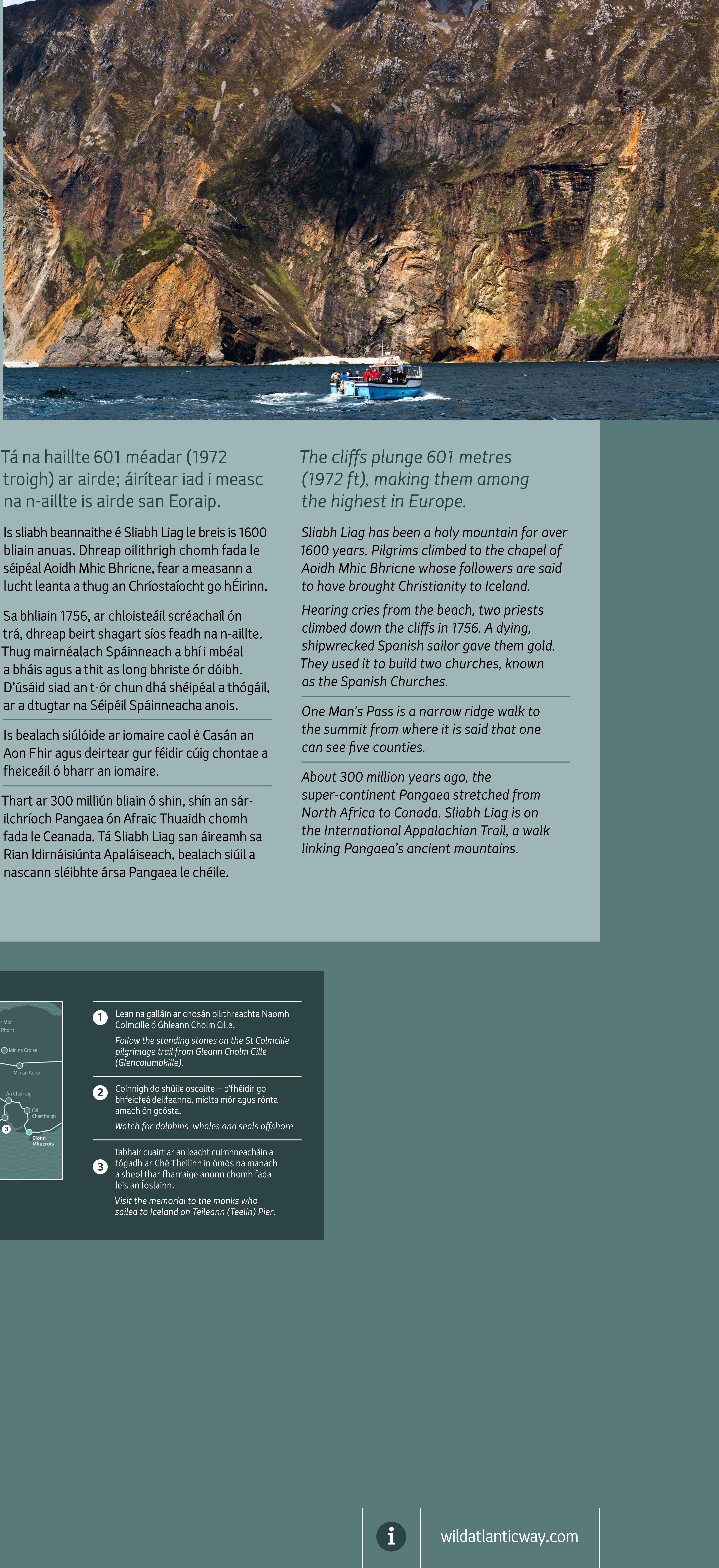


Sliabh Liag

(ⓘ) "shlee-uv LEEG"

‘An áit a chasann an sliabh
agus an tAtlantach lena chéile’

‘Where the mountain
falls into the Atlantic’



Tá na haillte 601 méadar (1972 troigh) ar airde; áirítear iad i measc na n-aillte is airde san Eorpa.

Is sliabh beannaithe é Sliabh Liag le breis is 1600 bliain anuas. Dhreap oilithrigh chomh fada le séipéal Aoidh Mhic Bhricne, fear a measann a lucht leanta a thug an Chríostaíocht go hÉirinn.

Sa bhliain 1756, ar chloisteáil scréachaíl ón trá, dhreap beirt shagart síos feadh na n-aillte. Thug mairnéalach Spáinneach a bhí i mbéal a bháis agus a thit as long bhriste ór dóibh. D'úsáid siad an t-ór chun dhá shéipéal a thógáil, ar a dtugtar na Séipéil Spáinneacha anois.

Is bealach siúlóide ar iomaire caol é Casán an Aon Fhir agus deirtear gur féidir cúig chontae a fheiceáil ó bharr an iomaire.

Thart ar 300 milliún bliain ó shin, shín an sár-ilchríoch Pangaea ón Afraic Thuaidh chomh fada le Ceanada. Tá Sliabh Liag san áireamh sa Rian Idirnáisiúnta Apaláiseach, bealach siúil a nascann sléibhte ársa Pangaea le chéile.

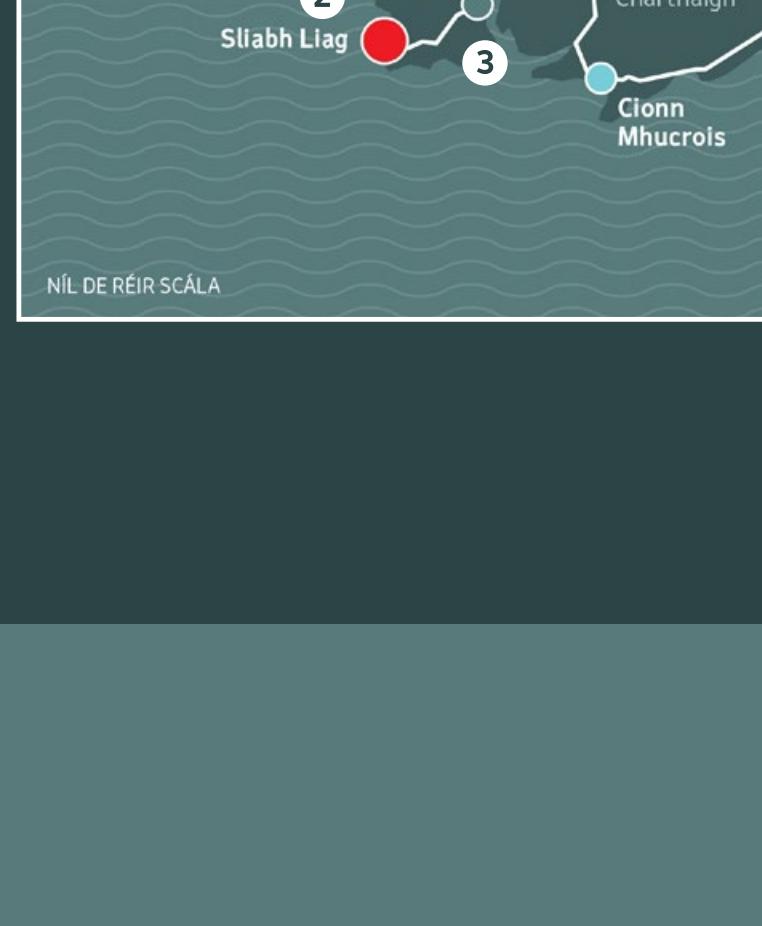
The cliffs plunge 601 metres (1972 ft), making them among the highest in Europe.

Sliabh Liag has been a holy mountain for over 1600 years. Pilgrims climbed to the chapel of Aoidh Mhic Bhricne whose followers are said to have brought Christianity to Iceland.

Hearing cries from the beach, two priests climbed down the cliffs in 1756. A dying, shipwrecked Spanish sailor gave them gold. They used it to build two churches, known as the Spanish Churches.

One Man's Pass is a narrow ridge walk to the summit from where it is said that one can see five counties.

About 300 million years ago, the super-continent Pangaea stretched from North Africa to Canada. Sliabh Liag is on the International Appalachian Trail, a walk linking Pangaea's ancient mountains.



1 Lean na gallán ar chosán oilithreachta Naomh Colmcille ó Ghleann Cholm Cille.

Follow the standing stones on the St Colmcille pilgrimage trail from Gleann Cholm Cille (Glencolumbkille).

2 Coinnigh do shúile oscailte – b'fhéidir go bhfeicfeá delfeanna, miolta móir agus róna amach ón gcósta.

Watch for dolphins, whales and seals offshore.

3 Tabhair cuairt ar an leacht cuimhneacháin a tógaigh ar Ché Theiliinn in ómóis na manach a sheol thar fharráige anonn chomh fada leis an Íoslainn.

Visit the memorial to the monks who sailed to Iceland on Teileann (Teelin) Pier.



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